

JANUARY

NOTES & REMINDERS

-THIS MONTH'S VICTORIES-

2025

JANUARY

Mo	Tu	We	Th	Fr	Sa	Su
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

FEBRUARY

Mo	Tu	We	Th	Fr	Sa	Su
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MARCH

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APRIL

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MAY

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JUNE

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JULY

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AUGUST

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SEPTEMBER

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NOVEMBER

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DECEMBER

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FEBRUARY

NOTES & REMINDERS

- THIS MONTH'S VICTORIES -

JANUARY
MONTHLY PLANNER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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MARCH

NOTES & REMINDERS

- THIS MONTH'S VICTORIES -

FEBRUARY
MONTHLY PLANNER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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APRIL
NOTES & REMINDERS

- THIS MONTH'S VICTORIES -

MARCH
MONTHLY PLANNER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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MAY
NOTES & REMINDERS

- THIS MONTH'S VICTORIES -

APRIL
MONTHLY PLANNER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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JUNE
NOTES & REMINDERS

- THIS MONTH'S VICTORIES -

MAY
MONTHLY PLANNER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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JULY
NOTES & REMINDERS

- THIS MONTH'S VICTORIES -

JUNE
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AUGUST
NOTES & REMINDERS

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JULY
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SEPTEMBER

NOTES & REMINDERS

- THIS MONTH'S VICTORIES -

AUGUST
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OCTOBER

NOTES & REMINDERS

- THIS MONTH'S VICTORIES -

SEPTEMBER

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NOVEMBER

NOTES & REMINDERS

- THIS MONTH'S VICTORIES -

OCTOBER
MONTHLY PLANNER

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DECEMBER
NOTES & REMINDERS

- THIS MONTH'S VICTORIES -

NOVEMBER
MONTHLY PLANNER

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DECEMBER
MONTHLY PLANNER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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2025 VISION BOARD

What does your most contented life looks like?

Use this space to create a vision board of what your life could look like in 2025. Draw pictures, stick in photos, create mind maps or just scribble down notes. This can help you create your 2025 core goals.

THE WHEEL OF LIFE

Where are you as you move into 2025?

The wheel of life represents your level of satisfaction in the eight most important areas of your life. There are two sections left blank for you to label with what matters most to you (eg spirituality, education). Score each section according to your current level of satisfaction and colour in the corresponding segment. Make notes against any segment where you would like to see the score improve to create a more balanced wheel. What could you add to your core goals to help you improve your score over the year?

The diagram is a circular 'Wheel of Life' with eight segments. The segments are labeled: HEALTH, PERSONAL GROWTH, FINANCE, FAMILY, CAREER, RELATIONSHIPS, and two blank segments. The wheel is divided into concentric rings for scoring, with numbers 1 through 10 marked along the horizontal axis. Eight dotted lines extend from the outer edge of the wheel to eight rectangular boxes arranged around it, intended for notes.

2025 CORE GOALS

What are your core goals for 2025?

- ☒ Ensure that each goal is Specific, Measurable, Achievable, Realistic and has a Timeframe.
- ☒ Check back on your core goals regularly.
- ☒ Change your core goals throughout the year if they no longer align with your core values.
- ☒ Refer back to these goals when you are completing your monthly goal trackers.

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NOTES

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